RUTHERFORD REPORT THE NEWSLETTER OF SECOND DISTRICT SUPERVISOR JANICE RUTHERFORD



April 2012

Reduce the complexity of life by eliminating the needless wants of life, and the labors of life reduce themselves.

— Edwin Way Teale

WVSR Volunteers Find Hard Work Rewarding

The West Valley Search and Rescue Team (WVSR) isn't your normal volunteer gig.

Team members spend countless hours every year perfecting skills and attaining official certifications in disciplines and techniques such as technical rock, technical winter, technical rope and wilderness searches.

Besides training, their duties cannot be scheduled. Saturday night plans? Not when there's an injured hiker at the

bottom of a canyon. Raining or snowing? If the weather isn't a safety threat to the team, in they go lugging backpacks filled with 60 pounds of gear.

"We are pretty hardcore when we talk to our new recruits so they know what they are getting into," WVSR Vice Commander Robert Gattas said. "It's a lot of commitment, and, if you truly believe in being a volunteer, you put the

WEST VALLEY, PAGE 2

Golden Island Takes Jerky to New Levels

Beef jerky conjures up images of the Old West in the minds of many Americans, but, in reality, humans in the Middle East and Asia began using drying techniques to preserve their meats, fish and other foods more than 12,000 years ago.

Now, Golden Island Gourmet Jerky in Rancho Cucamonga—which got its start in the food stalls in Taiwan more than 50 years ago—is taking this age-old tradition to new levels.

"The great thing about bringing this background to America is that it's the melting pot of all cultures from around the world," Golden Island Gourmet Jerky President Anna Kan said. "This has allowed us to incorporate and take our flavors to a whole new level beyond traditional Asian flavors. For example, in Asian markets, we have traditional flavors like Curry and Five Spice, but with the influences of the wonderful Hispanic cuisines and flavors, we have developed new items like Chili Lime, Honey Chipotle and Cerveza Lime Jerky."

Kan's grandfather, Chun Fa Shih, started the family's food business shortly after the end of World War II. A few decades later, Mr. Shih's eldest son came to the United States to open a food processing plant in Iowa.

JERKY, CONTINUED FROM PAGE 1

In 1992, Mr. Shih's youngest son, Ting Shih, came to the United States to begin the second phase of the family's food business. Three years later, the family purchased a 23,000 square-foot building in Rancho Cucamonga and invested more than \$1.5 million to transform it into a USDA-certified food processing facility.

Kan said her family selected

Rancho Cucamonga because it offered the best combination of location, labor pool, working and living environment, and cost of doing business.

It only took about five years for the company to become the largest supplier of Asian-style jerky for Asian markets in the United States, and it took a few more years for the



company's innovative flavors and products to get headway in the mainstream market.

Today, sales are hotter than the company's Kung Pao Beef Jerky.

Golden Island Gourmet Jerky's sales have increased more than 218% since 2009, and the company has secured distribution agreements with Costco and Central Markets to get products into even more

stores. Visit www.goldenislandjerky.com for more information about this Rancho Cucamonga company.

If you know a Second District business with an interesting story to tell, let me know by sending an email to Supervisor.Rutherford@bos.sbcounty.gov.

WEST VALLEY, CONTINUED FROM PAGE 1

effort forward because you know it is benefiting people who need your help."

Gattas of Rancho Cucamonga joined the team in 1985 after he heard the San Bernardino County Sheriff's Department was ending the practice of using on-duty deputies for search and rescue operations and was switching to an all-volunteer force.

"I just thought it would be really interesting and fun," he said.

Gattas had previously worked as a U.S. Forest Service firefighter before joining the Arcadia Fire Department, and he was itching to get back into the wild. His first mission was to help recover a body from Ice House Canyon. Being on the team that actually finds a stranded or injured hiker is a joyous and exciting experience, but it does not happen often, said Gattas, who recalled doing so only once in his 27 years with the group.

Team effort is what makes rescues possible.

"Everybody is part of the overall plan," he said. "Everyone is important."

The team is part of a network of volunteers that work with the Sheriff's Department to conduct search and rescue operations. Some of the other teams include, Rim of the World, San Bernardino Mountain, Bear Valley, San Gorgonio, Wrightwood Phelan, and Valley of the Falls. The WSVR is one of two County search and rescue teams certified by the Mountain Rescue Association. The other is the Cave and Technical Rescue Team.

The WVSR covers Mt. Baldy, Lytle Creek, Day Creek, Cucamonga Canyon, but team members can be called out on searches anywhere in the County. The team consists of about 30 members. They break up into groups of seven during searches. Sometimes they hike in. Sometimes they have to be airlifted in by helicopter. Once they arrive, their vision is often their most useful tool.

"You have to train your eye to pick up on things that don't belong in the natural setting," WVSR Coordinator Sgt. Tom Shenton said, noting that hikers often wear clothes that blend in with the scrub and rocks along the trail. "If we could get everyone to hike in orange or red shirts, it would help in our recovery, but we don't live in a perfect world."

The WVSR was granted nonprofit status in 1997 as members began looking for ways to pay for equipment and training. Today, a majority of the team's funding comes from private donors. The group accepts donations through its website, and it hosts events such as the Run for Rescue, which will be held on April 28, to raise money. Visit www.westvalleysar.org to learn more. You can also contact the team via email at westvalleysar@westvalleysar.org.

County Solid Waste Manages More Than Trash

Microorganisms are hard at work turning your garbage into energyproducing gas in ten sites managed by San Bernardino County's Solid Waste Management Division.

These microbes aren't part of some newfangled green energy technology. They have been around for years eating trash and producing gases, including many that have no value, deep within our landfills.

The types of gases microorganisms generate inside a landfill depend on the food they eat and the conditions in which they live.

The two primary gases they excrete are methane (45 to 60%) and carbon dioxide (40 to 60%). Benzene, vinyl

chloride, chloroform and other gases account for about one percent of the gas generated in landfills. Collectively these gases are called Land Fill Gas (LFG).

Landfills in the valley generally generate greater volumes of LFG than desert landfills because the organic waste such as food and paper is wetter and the microscopic critters in the landfills can break down the organic waste faster.

Solid Waste Management—a branch of the County Department of Public Works—is charged with managing the noxious gases that develop in our landfills in addition to other duties.



A technician makes adjustments at a landfill gas extraction station at the closed Milliken Landfill in Ontario.

If left unchecked, landfill gases can become a public safety concern.

Landfills over the world have caught fire or exploded because of gas build up.

The gas can also leach into areas around a landfill and be released uncontrolled into the atmosphere. Rest assured that County landfills are well protected against such dangers.

Solid Waste Management uses two different methods to manage landfill gases. Both involve inserting wells into landfills to extract buried gases.

One method is called flaring. It is used when the amount of LFG and methane concentration is not high enough to run an electricity-generating turbine.

As the name implies, this method involves collecting and burning off the methane, which is more than 20 times more potent than carbon dioxide when it comes to trapping heat in the earth's atmosphere. Burning the methane reduces the environmental impact by transforming it into carbon dioxide.

LFG extracted from the Colton, Milliken, and Mid-Valley landfills, meanwhile, is routed to turbines that produce more than 33,000 megawatts of electricity annually.

That's enough energy to power 3,400 homes for a year—all from garbage.

2nd District Trivia

Last Issue's Answer: Alta Loma was formed from the colony called Ioamosa, which got its name from the combination of the Hermosa and Iowa land tracts.

Question: Where in San Bernardino County was the movie "Heidi" staring Shirley Temple filmed?

Contact Information

Main Office

385 N. Arrowhead Avenue, Fifth Floor San Bernardino, CA 92415 (909) 387-4833

District Office

8575 Haven Avenue, Suite 110 Rancho Cucamonga, CA 91730

http://sbcounty.gov/rutherford SupervisorRutherford@sbcounty.gov

Volunteers Needed for NEP Cleanup

The Cucamonga Valley Water District, the Frontier Project, and their partners are seeking volunteers to remove trash and invasive plants from the North Etiwanda Preserve—a popular local hiking spot in the Rancho Cucamonga foothills. The cleanup will take place from 7:30 to 11:30 a.m. on Saturday, April 28.

Volunteers must be at least 18 years old unless accompanied by a parent or legal guardian. Mandatory safety training will take place the morning of the event Volunteers are encouraged to wear long pants, long-sleeve shirts, and closed-toe shoes. Work gloves, sunscreen, and sunglasses are also recommended.

The 1,176-acre North Etiwanda Preserve is comprised of land set aside as open space to mitigate development in the valley. The bulk of the preserve—about 730 acres—was dedicated as a result of the construction of the 210 Freeway.

The Preserve—located at the northern terminus of Etiwanda Avenue—features a 3.4-mile loop trail and several interpretive sites, including a Native American cultural site and the remnants of an early settler's home.

Call (909) 944-6053 or send an email to info@frontierproject.org to RSVP. Visit www.sbcnep.org for information about the North Etiwanda Preserve.

Upcoming Events

April 6, 2012	Come and see the traveling art show at the Roving Exhibit Reception. This event will take place from 1 to 3 p.m. and is free to the public. The event is located at the Fontana Senior Center at 16710 Ceres Ave. For more information call (909) 349-6975.
April 7, 2012	The Upland Foothill Kiwanis will host the annual Breakfast with the Bunny from 9 to 11 a.m. There will be pictures with the Bunny, as well as an easter egg hunt. This event will be located at Memorial Park, please pre-register. For information call (909) 931-4100.
April 7, 2012	The Jessie Turner Health & Fitness Community Center will host its annual Easter Egg-Citement Event located at 15556 Summit Ave. in Fontana. There will be games, arts and crafts, music, give-a-ways, easter egg hunt and much more. This event will take place from 10 a.m. to 1 p.m. For more information, call (909) 854-5100.
April 8, 2012	Join fellow others for an Easter celebration at the Don Day Neighborhood Center at 14501 Live Oak Ave. in Fontana from 10 a.m. to 12 p.m. There will be fun-filled activities such as pictures with the Easter bunny, arts and crafts, games and much more.
April 11, 2012	The Crestline Library located at 21405 Lake Dr. in Crestline hosts free yoga classes every Monday and Wednesday at noon. Come stretch out your tensions at the library overlooking Lake Gregory.
April 13, 2012	Christmas in April Italian Buffet and Action— a benefit for Rebuilding Together presented by Rim O' The World Association of Realtors and sponsored by the Lake Arrowhead Country Club—will take place from 5 to 10 p.m. at the Lake Arrowhead Country Club. The cost is \$ 25, for more information call (909) 336-7917.
April 14, 2012	The Mary Vagle Museum and Nature Center will host Wild Zone Family Play Day. This event will include an outdoor laboratory for children to enjoy outdoor fun. This event takes place from 10 a.m. to 2 p.m. and is free. Children must be accompanies by an adult. For more information, call (909) 349-6994.
April 16, 2012	Unravelled-a local knitting club- meets every Monday at 1:30 p.m. at the Crestline Library located at 24105 Lake Dr. in Crestline.
April 17, 2012	Rancho Cucamonga will honor police and fire officers at the Police and Fire Luncheon. This event begins at 11 a.m. The cost is \$35 for members and \$40 for non members. This event will be located at Etiwanda Gardens, 7576 Etiwanda Ave. in Rancho Cucamonga.
April 21, 2012	IE Gourmet Food Trucks will host a food truck fundraiser for the Redlands East Valley High School Football Booster Club and the Second Harvest Food Bank from 11 a.m. to 3 p.m. Fifteen trucks are scheduled to take part in the event at Redlands East Valley High School located at 31000 E Colton Ave., Redlands.
April 27-29, 2012	The Lemon Festival & Business Expo will take place in Downtown Upland. Experience the taste of lemon, with lemon-flavored items and artisans from all parts of California. For more information, please call Carly Moultrie at (909) 241-7480.
April 28, 2012	Fontana will host a car show the last Saturday of every month from March to October. This fun event is free and will be filled with tons of classic and custom cars. It will be located at the Civic Center Campus parking lot. For more information call (909) 349-6900.

Dates and times are subject to change without notice. Please contact Supervisor Rutherford's office at (909) 387-4833 if you have any questions or suggestions for the Events Calendar. You can view information about more local events on Supervisor Rutherford's home page at www.sbcounty.gov/rutherford.